

## Instructor Bio

### Steve Anderson, PT

is a certified NDTA PT Instructor in Adult Hemiplegia and a graduate of Louisiana State University with over 29 years of clinical experience in a variety of care settings. He has taught numerous introductory and basic courses throughout the country and was a speaker at the NDTA National Conference in 2005.

Steve is an active member of the Neuro-Developmental Treatment Association serving on several committees. He is also a member of the American Physical Therapy Association and the Physical Therapy Association of Washington.

Steve owns a private practice, Kinematrix Physical Therapy LLC which specializes in the treatment of adults with CVA. In addition he works at Providence Mount St Vincent, a long-term care facility and sub-acute rehab unit in Seattle, WA.

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2010 Seminars

*“Treating the Client with Adult Hemiplegia Using Neuro-Developmental handling Strategies”*

Course Instructor:

*NDTA Certified instructor*

**Steve Anderson, PT**

▶ **2-Day Seminar**  
**June 4-5, 2010**  
8am to 4:30pm Daily

▶ Presented at the  
**Children’s Therapy Unit**  
402 15th Ave. S.E.  
Puyallup, WA 98372

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Occupational Therapy  
Association, Inc.

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E-mail: [info@ndta.org](mailto:info@ndta.org)

## Course Description

This is a two-day introductory NDT course and will focus on the treatment and management of the adult hemiplegic patient. It will cover the most current scientific basis for the NDT approach and principles of treatment. Normal biomechanics of the UE, including causes of a painful shoulder, the LE and gait will be included. Treatment strategies for managing a number of underlying impairments that impact UE function, functional mobility and trunk control will be addressed through lab sessions.

The goal of this course is to provide the participant with a variety of treatment strategies, the rationale for their use, and patterns of progression that may be utilized in treating patients with CVA.

**NDTA Member price: \$350**

**Non Member price: \$450**

*Full refund of the course registration fee, less \$50 administrative fee, will be granted upon receipt of a written request postmarked on or before 30 days before the first day of the course.*

**13.5 Contact Hours will be awarded for successful completion of this NDTA approved course.**

## Course Objectives

*Upon completion of the course the participant will be able to:*

- ◆ Describe the basic principles of NDT.
- ◆ Identify the prerequisites for normal movement and understand how they influence the ability to participate in functional activities.
- ◆ Describe how impairments resulting from CVA impact functional skills.
- ◆ Demonstrate treatment strategies used for appropriately increasing demand and challenge for improved UE and LE function while incorporating responses in the trunk.
- ◆ Explain how impairments in various systems of the body may lead to functional limitations.
- ◆ Provide examples of designing effective treatment strategies for a variety of impairments and functional limitations.
- ◆ Explain NDT clinical decision-making regarding the use of assistive devices and other adjuncts.

## Target Audience

*This two-day workshop is designed for Physical therapists, PTA's, Occupational Therapists, COTA's and Speech/Language Therapists treating clients with Adult Hemiplegia.*



Treating the Client with  
Adult Hemiplegia

June 4-5, 2010

Please Register online at [www.ndta.org](http://www.ndta.org)!  
Click on *Education*, chose *NDTA seminars*  
and register with ease!

### Registration Information

Name: \_\_\_\_\_

OT PT SLP Other: \_\_\_\_\_

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State/Prov: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

### Payment Information

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Exp. Date: \_\_\_\_ / \_\_\_\_ Zip Code \_\_\_\_

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Check # \_\_\_\_\_ enclosed

### Emergency Contact Information

Name: \_\_\_\_\_

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Or fax completed form to #949 376-3456