



## **NDT/Bobath Three-Week Course in the Treatment of Adults with Hemiplegia**

*A Neuro-Developmental Treatment Association, Inc. Approved Course*

### **NDT/Bobath Course Sponsorship Packet**

Thank you for your interest in sponsoring a NDT/Bobath Three-Week Course in the Treatment of Adults with Hemiplegia. This is a Neuro-Developmental Treatment Association, Inc., (NDTA) Approved Course.

There are many things to consider when anticipating a NDTA Approved Course. The enclosed criteria sheet will help you determine whether your facility meets the criteria for space, number of clients and equipment necessary to put on a successful course. The next step is to begin contacting instructors.

You will need to contact the Coordinator Instructor (CI) personally to check his/her availability. Each CI contracts individually with the sponsoring facility. A list of NDTA certified Coordinator Instructors is enclosed. NDTA does not play a role in determining the scheduling or location of courses.

As you begin contacting the CIs, please be aware that many Coordinator Instructors cannot travel away from their geographic location due to family or job responsibilities. Those who do travel often work from a two to three year projected schedule. The majority of Coordinator Instructors must arrange courses around a full-time job and can only commit themselves to perhaps one course per year.

### **ADVERTISING / MALPRACTICE / PREMISES AND OPERATIONS INSURANCE**

It is required that all NDTA Approved Courses be advertised in the *NDTA Network*. After an agreement is made with an approved NDTA instructor, the sponsoring agency must discuss this policy with the instructor in order to ensure that the course is advertised in the *NDTA Network* according to established guidelines and timelines as outlined in the NDTA Instructors Group Course Administration Manual(s).

It is also a NDTA Instructors Group Policy that all faculty and therapists (students) who participate in the NDTA Approved Courses submit written verification that they hold professional malpractice liability insurance that covers them during the course. It is suggested that the sponsoring agency work with the course instructor to ensure that this requirement is met.

The NDTA Approved Instructors are required to ensure and submit verification the Premises and Operations (P&O) insurance that covers NDTA Approved Course activities has been obtained and is in place prior to the start of the course. Many facilities have this coverage, and there will be no need to provide additional coverage if it will cover NDTA Approved Course activities. However, it is recommended that the sponsoring agency and the primary course Instructor discuss this issue early on in the negotiation process to ensure that all legal requirements can be met.

As you pursue your goal of conducting a NDTA Approved Course at your facility, feel free to contact NDTA Headquarters at 800/869-9295 for further assistance.

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### **Criteria To Consider When Selecting A Facility**

1. Facility
  - A. Time of course: Daily - Monday through Friday, usually 7-1/2 to 8 hours per day.
  - B. Space: Approximate size - at least 60 feet by 60 feet. Lecture and practicum may be in the same room or separated. If separate, the gym space must be available for the total course since we do movement labs mixed with lecture. It is really best to be in the same room.
  - C. Equipment (Individual instructors may have additional requests)
    1. Audiovisual
      - a. 35 mm slide projector and screen
      - b. 1 large chalk board
      - c. 1 overhead projector
      - d. 1 VCR (1/2" VHS) and monitor
      - e. 1 screen approx. 18" high
    2. 3 double raised mat tables
    3. 2 normal height plinths
    4. 10-12 pillows
    5. 12 towels daily
    6. Swiss therapy balls
    7. Floor mats
    8. 6 sturdy straight back chairs without arms
    9. Sturdy table
  - D. Housing: The facility finds suitable housing for the participants at as reasonable a rate as possible. Housing preferably includes kitchen facilities; may be double occupancy but separate beds. If in private homes, it is best to be as separate from the family as possible. Housing for faculty is also needed.
2. Patients: An instructor will review this in more detail with the appropriate person.
  - A. Obtain patient release forms from physician and patient.
  - B. Appropriate clothing for practicum sessions are:
    1. Women - slacks or shorts, sleeveless tops.
    2. Men - shorts and T-shirts
  - C. Number - 24 (same as the number of students)
  - D. Types of patients - CVAs
    1. Medically stable
    2. Early, a few months post-CVA up to no limit post-CVA
  - E. A few can be head injury if they are basically hemiplegic. These patients would be for the second group of patients.
  - F. Tone problems - need a variety of flaccid and spastic (hypertonic)
  - G. All ages - teenage and up

- H. As the schedule shows, once the patients come for participants (therapists) to assess and treat, they will continue daily.
- I. There will be other patients for instructor demonstration; some can be the same as in the practicum, but others may be different.
- 3. Selecting of participants may be done by the instructor or sponsoring facility.
- 4. Faculty: There will be a minimum of two full-time faculty. There may also be two days of an instructor in Neurophysiology.
- 5. The Instructor will discuss financial organization with the sponsoring facility.
- 6. The facility is guaranteed at least two slots. During the course your therapy staff is welcome to observe during instructors demos. At the end of the course, the therapist on your staff is welcome to come during the last week, where the course therapist will share ideas from their sessions with their specific patient.
- 7. The tuition of the course is to cover costs; it is not for profit. If your facility wishes to be the financial sponsor, you will need to discuss all expenses with the instructor. An instructor reserves the right to reconsider the course if the facility's financial plans do not meet this criteria.
- 8. In 1997 the NDTA Board of Directors and Instructors Group agreed to establish a \$100.00 fee for non-members attending 3 week, 8week, and Advanced courses. This decision was based on the need for NDTA to recover its costs relative to the development of the NDT courses that are being attended.

These costs include development of the core curriculum, testing, and quality assurance. Over the past five years these costs have been offset by NDTA member dues and contributions by the instructors or regions of NDTA. Since the majority of attendees benefiting from the NDT courses are non-members, NDTA has implemented the non-member fee to more equitably offset the courses development costs.