



## Annual Report for 2009

### The Mission of NDTA

The purpose of the Association is to promote the unique qualities of the Neuro-Developmental Treatment (NDT) approach by:

- Providing specialized clinical training to health care professionals
- Supporting Clinical Research
- Supporting client's and families with education, resources and information

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### MEMBERSHIP

January 1, 2009 = 1378

December 31, 2009 = 1626

New members = 459 (up from 248 in 2008)

Renewals = 1249 (up from 591 in 2008)

### MEMBER DEMOGRAPHICS

| Membership Type       | 2008 | 2009 |
|-----------------------|------|------|
| NDT Trained*          | 81%  | 80%  |
| Interested Individual | 17%  | 18%  |
| Parent/Caregiver      | 0%   | 1%   |
| Retired               | 1%   | 3%   |
| Student               | 1%   | 1%   |
| Corporate             | 0%   | 0%   |

**\*NDT Trained Membership Distribution by Discipline:**

|     | <u>2008</u> | <u>2009</u> |
|-----|-------------|-------------|
| PT  | 66%         | 57%         |
| OT  | 26%         | 28%         |
| SLP | 8%          | 6%          |

## NDT Certification

NDT Certification is now offered by the NDTA for a period of three years to all individuals who have successfully met the requirements for, and have completed the *NDT/Bobath Certificate Course in the Management and Treatment of Children with Cerebral Palsy and other Neuromotor Disorders*, or the *NDT/Bobath Certificate Course in the Management and Treatment of Adults with Hemiplegia*.

As of December 31, 2009, 38% of the membership is currently NDT Certified = 623 members. The objective of the NDTA Certification process is to insure the continuous integration of current NDT Theory and Practice.

### NDTA.com Statistics:

|                                | <i>2007</i> | <i>2008</i> | <i>2009</i>        |
|--------------------------------|-------------|-------------|--------------------|
| Total Hits                     | 3,820,729   | 4,557,177   | <b>6,479,162</b>   |
| Total Visits                   | 61,900      | 79,373      | <b>100,987</b>     |
| Average time spent on the site | 5.8 minutes | 5.9 minutes | <b>5.2 minutes</b> |
| Network on the Net Hits        | 20,427      | 13,852      | <b>19,035</b>      |
| Busiest Day                    | Tuesday     | Tuesday     | <b>Monday</b>      |
| Windows Users                  | 93.6%       | 91.4%       | <b>89%</b>         |
| Mac Users                      | 5.6%        | 7.3%        | <b>9.5%</b>        |

Search terms most commonly used:

1. NDT
2. Neurodevelopmental
3. Treatment
4. Therapy
5. NDTA
6. Bobath

# Financial Statement

|                                       | <u>Jan - Dec 09</u>  | <u>Budget</u>        | <u>\$ Over Budget</u> | <u>% of Budget</u> | <u>Budget</u>        |
|---------------------------------------|----------------------|----------------------|-----------------------|--------------------|----------------------|
| <b>Ordinary Income/Expense</b>        |                      |                      |                       |                    |                      |
| <b>Income</b>                         |                      |                      |                       |                    |                      |
| 4010 · Membership Dues                | \$ 135,430.00        | \$ 146,300.00        | \$ (10,870.00)        | 93%                | \$ 146,300.00        |
| 4100 · Investments & Contributions    | \$ 1,211.00          | \$ 3,600.00          | \$ (2,389.00)         | 34%                | \$ 3,600.00          |
| 4200 · Publications & Production      | \$ 48,135.00         | \$ 51,300.00         | \$ (3,165.00)         | 94%                | \$ 51,300.00         |
| 4300 · Education Programs Rev         | \$ 116,855.00        | \$ 70,500.00         | \$ 46,355.00          | 166%               | \$ 70,500.00         |
| 4400 · Conferences & Seminars         | \$ 143,190.00        | \$ 137,200.00        | \$ 5,990.00           | 104%               | \$ 137,200.00        |
| 4500 · NDTA Regions                   | \$ -                 | \$ -                 | \$ -                  | 0%                 | \$ -                 |
| 4600 · Committee Groups               | \$ -                 | \$ -                 | \$ -                  | 0%                 | \$ -                 |
| 4950 · NDTA Business Card Income      | \$ -                 | \$ -                 | \$ -                  | 0%                 | \$ -                 |
| <b>Total Income</b>                   | <b>\$ 444,821.00</b> | <b>\$ 408,900.00</b> | <b>\$ 35,921.00</b>   | <b>109%</b>        | <b>\$ 408,900.00</b> |
| <b>Expense</b>                        |                      |                      |                       |                    |                      |
| 6000 · Membership Expenses            | \$ 3,014.00          | \$ 5,000.00          | \$ (1,986.00)         | 60%                | \$ 5,000.00          |
| 6100 · Administrative Expenses        | \$ 211,469.00        | \$ 208,000.00        | \$ 3,469.00           | 102%               | \$ 208,000.00        |
| 6200 · Board of Directors             | \$ 11,468.00         | \$ 15,000.00         | \$ (3,532.00)         | 76%                | \$ 15,000.00         |
| 6300 · Committees                     | \$ 11,102.00         | \$ 30,659.00         | \$ (19,557.00)        | 36%                | \$ 30,659.00         |
| 6400 · Publications                   | \$ 24,495.00         | \$ 30,650.00         | \$ (6,155.00)         | 80%                | \$ 30,650.00         |
| 6440 · Other Products                 | \$ 31.00             | \$ 2,000.00          | \$ (1,969.00)         | 2%                 | \$ 2,000.00          |
| 6500 · Education Programs/IG          | \$ 10,164.00         | \$ 750.00            | \$ 9,414.00           | 1,355%             | \$ 750.00            |
| 6600 · Conference & Seminar Expenses  | \$ 104,935.00        | \$ 111,920.00        | \$ (6,985.00)         | 94%                | \$ 111,920.00        |
| 6900 · Other Expenses                 | \$ -                 | \$ 100.00            | \$ (100.00)           | 0%                 | \$ 100.00            |
| <b>Total Expense</b>                  | <b>\$ 376,678.00</b> | <b>\$ 404,079.00</b> | <b>\$ (27,401.00)</b> | <b>93%</b>         | <b>\$ 404,079.00</b> |
| <b>Net Ordinary Income</b>            | <b>\$ 68,143.00</b>  | <b>\$ 4,821.00</b>   | <b>\$ 63,322.00</b>   | <b>1,413%</b>      | <b>\$ 4,821.00</b>   |
| <b>Other Income/Expense</b>           |                      |                      |                       |                    |                      |
| <b>Other Income</b>                   |                      |                      |                       |                    |                      |
| 7004 · Restricted-Research Donations  | \$ 296.00            | \$ 500.00            | \$ (204.00)           | 59%                | \$ 500.00            |
| 7010 · Restricted-Legal Fund          | \$ -                 | \$ -                 | \$ -                  | 0%                 | \$ -                 |
| 7020 · Restricted-Marketing Campaign  | \$ 25.00             | \$ 500.00            | \$ (475.00)           | 5%                 | \$ 500.00            |
| 7040 · REGI Boehme Scholarship Fund   | \$ 1,028.00          | \$ 500.00            | \$ 528.00             | 206%               | \$ 500.00            |
| 7060 · Restricted-3-Day Seminar Fund  | \$ -                 | \$ -                 | \$ -                  | 0%                 | \$ -                 |
| <b>Total Other Income</b>             | <b>\$ 1,349.00</b>   | <b>\$ 1,500.00</b>   | <b>\$ (151.00)</b>    | <b>90%</b>         | <b>\$ 1,500.00</b>   |
| <b>Other Expense</b>                  |                      |                      |                       |                    |                      |
| 7104 · Restricted- Research Expenses  | \$ 1,000.00          | \$ 5,000.00          | \$ (4,000.00)         | 20%                | \$ 5,000.00          |
| 7110 · Restricted-Legal Fund Expenses | \$ -                 | \$ -                 | \$ -                  | 0%                 | \$ -                 |
| 7120 · Restricted-Marketing Expenses  | \$ 3,381.00          | \$ 150.00            | \$ 3,231.00           | 2,254%             | \$ 150.00            |
| 7140 · REGI Boehme Scholarship        | \$ 1,000.00          | \$ 1,000.00          | \$ -                  | 100%               | \$ 1,000.00          |
| 7160 · Restricted 3 Day Seminar Exp.  | \$ 3,500.00          | \$ -                 | \$ 3,500.00           | 100%               | \$ -                 |
| <b>Total Other Expense</b>            | <b>\$ 8,881.00</b>   | <b>\$ 6,150.00</b>   | <b>\$ 2,731.00</b>    | <b>144%</b>        | <b>\$ 6,150.00</b>   |
| <b>Net Other Income</b>               | <b>\$ (7,532.00)</b> | <b>\$ (4,650.00)</b> | <b>\$ (2,882.00)</b>  | <b>162%</b>        | <b>\$ (4,650.00)</b> |
| <b>Net Income</b>                     | <b>\$ 60,611.00</b>  | <b>\$ 171.00</b>     | <b>\$ 60,440.00</b>   | <b>35,445%</b>     | <b>\$ 171.00</b>     |

## LEADERSHIP

### Board of Directors in 2009

President: Pamela A. Mullens, PhD, PT, C/NDT  
Past President: Therese McDermott, MHS, CCC-SLP/L  
Treasurer: Linda Markstein, PT  
IG Chair: Teresa Gutierrez, PT, MS, PCS, C/NDT  
IG Rep: Marcia Stamer, PT, C/NDT  
IG Rep: Gay L. Girolami, PT, MS, PT, C/NDT  
Member at Large: Wendi Wade McKenna, PT, C/NDT  
Member at Large: Jennifer Inglett, PT, C/NDT  
Member at Large: Angelica Barraza, OT

### Committees

- [Alliances Committee](#)
- [Curriculum Committee](#)
- [Education Committee](#)
- [Membership Committee](#)
- [National Conference Committee](#)
- [Publications Committee](#)
- [Research Task Force Committee](#)
- [Theory Committee](#)
- [Website Committee](#)

### NDTA Courses taught in 2009

***NDT/Bobath Certificate Course in the Management and Treatment of Adults with Hemiplegia*** was held in:

|                   |             |      |
|-------------------|-------------|------|
| Winston Salem, NC | Augusta, GA | Peru |
| San Jose, CA      | Toronto, ON |      |
| Naples, FL        | Singapore   |      |

***NDT/Bobath Certificate Course in the Management and Treatment of Children with Cerebral Palsy and other Neuromotor Disorders*** was held in:

|                 |              |           |
|-----------------|--------------|-----------|
| Sikeston, MO    | Voorhees, NJ | Singapore |
| Spartanburg, NC | Australia    | Peru      |

***NDT Advanced Upper Extremity Course*** – in Spain

***NDT Advanced Handling and Problem Solving*** – in Peru

***NDT Advanced Integrated Treatment Strategies for the Rib Cage, Shoulder Girdle & Upper Extremities*** – in McAllen, TX

***NDT Advanced Problem Solving Intensive*** – in Peru

Therapist's Receiving NDTA Approved Course Certificates in 2009:

Pediatrics: 122

Adult Hemiplegia: 149

Respectfully submitted,

Mark Toof, NDTA Administrative Director and  
Paul Myers, NDTA Associate Executive Director