

# NDT / BOBATH ADVANCED HANDLING AND PROBLEM SOLVING

A Neuro-Developmental  
Treatment Association, Inc.  
Advanced Approved Course  
for the  
Management and Treatment  
of Adults

October 13 - 17, 2010

Monica Diamond, PT, MS, C/NDT  
NDTA Coordinator Instructor

HEALTHSOUTH Sunrise  
Rehabilitation Hospital  
4399 Nob Hill Road  
Sunrise, FL 33351-5899

## Course Description

Participants in this five-day Advanced NDT Course will learn advanced hands-on treatment and problem-solving skills to guide their patients toward faster goal achievement. Course format will include lectures, labs, patient demonstrations, case studies, and practicum sessions in which participants treat actual patients. Participants will analyze the complex interrelationship of problems that occurs in adults with neuromotor system problems such as stroke, brain injury, and other diagnoses. They will learn to prioritize the individual patient's problems using the NDT clinical decision-making process, and will be guided as they learn to more effectively develop and modify specific treatment strategies. The emphasis on hands-on assessment and treatment will enable participants to more effectively assist their patients to achieve their functional goals. Small group size will allow individualized mentoring and feedback to best meet the learning needs of each participant.

## Course Location

HEALTHSOUTH - Sunrise Rehabilitation Hospital  
4399 Nob Hill Road  
Sunrise, FL 33351-5899  
(Ft. Lauderdale area)

Housing information will be sent with course confirmation.

## Course Instructor

**Monica Diamond, PT, MS, C/NDT** is an active Neuro-Developmental Treatment Association Coordinator Instructor and International Bobath Instructors Training Association (IBITA) member with over 20 years' experience teaching basic and advanced NDTA approved courses. She has over 30 years experience treating adults with neurological diagnoses and continues her clinical practice at Sacred Heart Rehabilitation Institute / Columbia St. Mary's in Milwaukee, WI. Monica received her bachelors and masters degrees from the University of Wisconsin - Madison. She holds adjunct faculty appointments and teaches Neuro-Developmental Treatment at several universities. She has completed clinical research and has presented at APTA and Neuro-Developmental Treatment Association national conferences.

# Objectives

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During this NDTA advanced-approved Neuro-Developmental Treatment course, participants will:

- Apply current knowledge of postural control and movement to management of adults with neurological diagnoses.
- Analyze complex movement patterns to recognize typical and atypical patterns; determine factors that most significantly interfere with the performance of functional activities.
- Effectively hypothesize underlying impairments that may contribute to a patient's problems with movement and function.
- Utilizing the clinical decision making process, synthesize assessment information to design treatment strategies that address individual patient problems.
- Describe factors that influence treatment choices; demonstrate the ability to prioritize impairments for individual patients.
- Develop meaningful and achievable functional goals for individual patients; document changes in function that justify the need for therapy services.
- Implement advanced level assessment and treatment skills; prioritize problems effectively and address multiple problems simultaneously.
- Evaluate the effectiveness of treatment; provide an explanation using NDT theory.
- Describe and demonstrate modification of treatment strategies to achieve functional goals.
- Demonstrate effective use of equipment and adjuncts; discuss their relevance; provide a rationale for their use in specific patient situations.
- Evaluate current scientific evidence for neurological therapeutic intervention and for the NDT treatment approach.

# Registration Information

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Registration fee:  
NDTA members \$795.00  
Non members: \$895.00

*(The NDTA charges an \$100 fee for non- members of the NDTA to attend NDTA approved courses. Income generated through non-member fees is used to support NDTA programs and activities.)*

*Information about joining the NDTA can be obtained by calling (800) 869-9295.*

Registration fee includes refreshment breaks and hand-outs. Registrations will be accepted in the order they are received until the course is full. Enrollment is limited in order to provide an optimal learning experience.

This course is open to physical, occupational, and speech therapists who have successfully completed the 3 week adult or 8 week (or equivalent) pediatric basic NDT course. A copy of your Certificate of Completion must be included with your application.

The NDTA, Inc. requires that all NDT course participants have personal malpractice insurance that covers them during patient practicums at this course. Participants must provide proof of malpractice insurance in the amount of \$1 - 3 million which covers them at this course, not just at their place of employment. Please include a copy of the face sheet from your policy (or that of your facility if they are covering you during the course activities) indicating your name, policy number, amount of coverage, and effective dates.

A copy of your state license is also required for patient treatment. Please submit it with your application.

Refunds will be given (minus a \$50.00 administrative fee) for any cancellations received before September 15th, 2010. After that time, no refunds will be given.

Participants are requested to bring/wear clothing appropriate for labs and for patient treatment.

# Course Schedule

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The course will be held from 8:00 AM - 5:00 PM Wednesday through Saturday, and 8:00 AM - 1:00 PM on Sunday.

# Application Form

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Return application form and registration fee to:

Monica Diamond, MS, PT  
5403 Middleton Drive  
Greendale, WI 53129  
(414) 421-8427 (leave message call will be returned)

Please make checks payable to:  
*Monica Diamond.*

Name \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Home Phone \_\_\_\_\_

Employer \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Work Phone \_\_\_\_\_

Profession \_\_\_\_\_

Date and Instructor of Basic AH or Peds NDT Course:  
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Please include:

1. A copy of NDT Certificate of Completion.
2. A copy of your State License.
3. Proof of malpractice insurance.
4. Check for payment of registration fee.
5. Copy of NDTA membership card, if applicable.