



NDTA SEMINARS

Course ID #18S14MDNY

REGISTER TODAY! ▶



NDT: Exploring Postural Control with a Focus on Upright Function and Gait

NEURO-DEVELOPMENTAL TREATMENT ASSOCIATION

■ 2-DAY INTERMEDIATE SEMINAR

April 13-14, 2018

■ TARGET AUDIENCE

PT, PTA, OT, COTA, SLP

■ HOST:

Sisters of Charity Hospital
2157 Main St.
Buffalo, NY 14214



www.chsbuffalo.org/Facilities/Hospitals/SistersofCharityHospital

■ REGISTER TODAY!

Online: www.ndta.org/seminars
Tel: 800-869-9295
Fax: 949-376-3456

■ NDTA Members: \$350 Non Members: \$500

NON MEMBERS: Become an NDTA Member for \$125 and save a total of \$25. Full refund of the course registration fee, less \$50 administrative fee, will be granted upon receipt of a written request postmarked on or before 30 days before the first day of the course. Cancellations by the attendee less than 30 days from the first day of the course are not eligible for any refund.

■ CONTINUING EDUCATION

15.00 Continuing Education Hours will be awarded upon successful completion of this NDTA/Bobath approved seminar. 1.5.00 Continuing Education Hours are available towards NDT Re-Certification. Host state PT CEUs will be available from the NDTA.

ASHA CEUs: Application for ASHA CEUs is in process. Please contact the course administrator for status of ASHA CEUs and/or additional information if needed.

■ OT CONTENT CATEGORIES

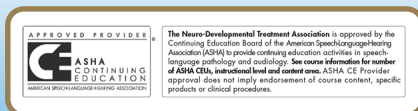
1. Domain of OT: Performance Skills
2. Occupational Therapy Process: Intervention
3. Professional Issues: OT Education

■ COURSE OBJECTIVES *Course participants will:*

- Discuss the NDT Approach and its current theoretical basis
- Describe postural control and the elements that contribute to effective postural control
- Discuss current evidence re: postural control deficits in individuals with neurological diagnoses
- Identify various system impairments that may be responsible for an individual's postural control deficits
- Demonstrate treatment strategies to improve an individual's postural control for specific activities, including function in standing and walking.
- Demonstrate treatment strategies to address integration of all parts of the body for function: managing the head, trunk and upper extremity aspects of postural control that are necessary for achievement of lower extremity and gait goals.
- Understand how treatment of impaired postural control is incorporated into an individualized treatment plan, and how this treatment is documented.

■ COURSE DESCRIPTION

Postural control is essential for all function. Participants in this course will gain understanding and skill in evaluating and treating the postural control problems of the individual with a neurological diagnosis, with an emphasis on the postural control components necessary for transfers, gait, and other aspects of upright control and lower extremity function. Lectures, labs and video case examples will ensure effective carryover from the seminar setting to the clinic. Participants will learn how to recognize correct and incorrect components of postural control, and how to facilitate improved function through effective assessment and treatment of postural control. Problem solving for individual patient needs will be discussed, demonstrated, and practiced.



The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA.

A NEURO-DEVELOPMENTAL TREATMENT ASSOCIATION APPROVED COURSE

1540 S Coast Hwy., Ste 204, Laguna Beach, CA 92651 • 800-869-9295 • info@ndta.org • www.ndta.org



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- ▶ Fax: 949-376-3456 (complete reg form below)

REGISTRATION INFORMATION

Name: _____

OT PT SLP C/NDT Other _____

Address: _____

Address 2: _____

City: _____

State/Prov: _____ Zip: _____

Phone 1: (_____) _____

Phone 2: (_____) _____

Email: _____

NDTA Member: Yes No

MANDATORY: This registration cannot be processed without an emergency contact and phone number.

Emergency Contact: _____

Emergency Phone: _____

PAYMENT INFORMATION

Check (made payable to "NDTA") Check # _____

Visa MasterCard AMEX Discover

Card # _____

CVN Code _____ Exp Date _____

Name on card (please print) _____

Authorized signature _____

Neuro-Developmental Treatment Association, Inc.
1540 S. Coast Highway, Suite 204
Laguna Beach, CA 92651

INSTRUCTOR BIO:

Monica Diamond, PT, MS, NCS, C/NDT, is an active NDTA Coordinator Instructor with more than 30 years experience teaching basic and advanced NDTA-approved courses for treatment of adults. She is an APTA Board Certified Neurological Clinical Specialist with more than 35 years clinical experience treating adults with neurological diagnoses, a member of the International Bobath Instructors Training Association (IBITA), and currently treats patients at Sacred Heart Rehabilitation Institute / Columbia St. Mary's / Ascension Health in Milwaukee, Wisconsin, in the acute rehab program, the inpatient brain injury and coma programs, the OP neuro rehab program, and the brain injury day treatment program.

Monica received her bachelor's and master's degrees from the University of Wisconsin in Madison and teaches NDT as an adjunct faculty member at several universities. She has completed clinical research and has presented nationally and internationally, including presentations at APTA NDTA, and WCPT conferences. Monica is a contributor to the new NDT book entitled *Neuro-Developmental Treatment: A Guide to NDT Clinical Practice*.

COURSE SCHEDULE*

DAY ONE (7.5 hours)

8:00 . . . NDT Update: Principles, Philosophy and Scientific Basis of NDT
 9:15 What is Postural Control and Why is It Important?
 10:15 LAB: Evaluation and Facilitation of Essential Elements of
 Postural Control
 1:00 LAB: Postural Control in Sitting
 2:00 LAB: Treatment Strategies for Leg Function
 3:15 LAB: Sit to/from Standing and Transfers

DAY TWO (7.5 hours)

8:00 Postural Control: What Does the Evidence Say?
 8:30 . Documentation: Objective Measures and Justification for Treatment
 9:00 LAB: Bed Mobility and Transitions
 10:15 LAB: UE WB and NWB Activities
 11:00 Activities in Standing
 1:00 LAB: Gait: Addressing the Postural Control Demands of
 Standing and Walking
 2:45 Putting it All Together: Facilitation During ADLs and Function
 3:30 Case Examples

* One lunch break and two 15-minute breaks are provided each day.

▶▶ Please contact the NDTA National Office at 800-869-9295 if you are requiring classroom accommodations or modifications because of a documented disability. Full course attendance is required for successful completion of the course. The NDTA reserves the right to cancel the course within 21 days of the scheduled start date. NDTA, Inc. is not liable for attendee expenses incurred for travel and lodging in regard to attendance at NDTA Seminars.