



NDTA SEMINARS

Course ID #18S22MDLOFL

REGISTER TODAY! ▶



Getting to the Top! Facilitating the Integration of the Head and Upper body for Respiration, Swallowing, and Function of the Extremities

NEURO-DEVELOPMENTAL TREATMENT ASSOCIATION

■ 3-DAY NDT-TRAINED SEMINAR

March 14-16, 2018

■ TARGET AUDIENCE

PTs, OTs and SLPs who have successfully completed the NDT basic certificate course.

■ HOST: **HEALTHSOUTH** Sunrise Rehabilitation Hospital

HealthSouth Sunrise Rehabilitation Hospital
4399 Nob Hill Rd., Sunrise, FL 33351
www.healthsouthsunrise.com

■ REGISTER TODAY!

Online: www.ndta.org/seminars
Tel: 800-869-9295 • Fax: 949-376-3456

■ NDTA Members: \$450 Non Members: \$600

NON MEMBERS: Become an NDTA Member for \$125 and save a total of \$25. Full refund of the course registration fee, less \$50 administrative fee, will be granted upon receipt of a written request postmarked on or before 30 days before the first day of the course. Cancellations by the attendee less than 30 days from the first day of the course are not eligible for any refund.

■ CONTINUING EDUCATION

21.00 Continuing Education Hours will be awarded upon successful completion of this NDTA/Bobath approved seminar. 13.50 Continuing Education Hours are available towards NDT Re-Certification. Host state PT CEUs will be available from the NDTA.

ASHA CEUs: Application for ASHA CEUs is in process. Please contact the course administrator for status of ASHA CEUs and/or additional information if needed.

■ COURSE DESCRIPTION

Successful performance of functional activities with the upper body is dependent on effective functioning of the base of support (pelvis and LEs) integrated with control of the head, neck, rib cage, and shoulder girdle complex.

Participants in this advanced adult-focused course for NDT-trained therapists will develop greater understanding and skill in assessing and treating the upper body. A thorough understanding of the alignment and control of the base of

support is a necessary prerequisite for this course.

Course participants will increase their understanding of the control, interaction and integration of the rib cage, head, shoulder girdles and upper extremities for complex combinations of functions such as breathing, swallowing, phonation, and use of the extremities to achieve the functional goals of patients treated by all disciplines.

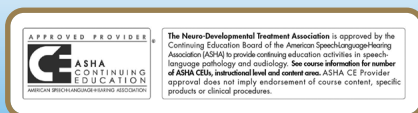
Lab practice, case studies, and patient participation will provide participants with opportunities to recognize and evaluate problems, understand ways in which treatment strategies for individual disciplines overlap, and develop skill in creating and implementing strategies to lead to functional and meaningful activities of the entire body, with an emphasis on the role of upper body components.

■ COURSE OBJECTIVES *Course participants will:*

- Discuss the NDT problem-solving process as it relates to management of the complex control required for integrating upper body movement components with those of the rest of the body.
- Understand the relationship of structures for dynamic control of the trunk and rib cage, head and neck, and the shoulder girdles, and understand their importance in relation to current research.
- Use NDT clinical decision making to identify critical aspects of upper body motor control that are necessary for movement and function, and discuss the importance of having a shared understanding of the individual's strengths and impairments for effective team management of the individual.
- Demonstrate effective hands-on assessment, as well as performance of treatment strategies, to address impairments in control of the head, neck rib cage, and shoulder girdle that will lead to achievement of specific discipline-specific functional goals.

■ OT CONTENT CATEGORIES

1. Domain of OT: Performance Skills
2. Occupational Therapy Process: Intervention
3. Professional Issues: OT Education



The Neuro-Developmental Treatment Association is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. See course information for number of ASHA CEUs, instructional level and content area. ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.



APPROVED PROVIDER of CONTINUING EDUCATION by The American Occupational Therapy Association, Inc.

The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA.

A NEURO-DEVELOPMENTAL TREATMENT ASSOCIATION APPROVED COURSE

1540 S Coast Hwy., Ste 204, Laguna Beach, CA 92651 • 800-869-9295 • info@ndta.org • www.ndta.org



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REGISTRATION INFORMATION

Name: _____

OT PT SLP C/NDT Other _____

Address: _____

Address 2: _____

City: _____

State/Prov: _____ Zip: _____

Phone 1: (_____) _____

Phone 2: (_____) _____

Email: _____

NDTA Member: Yes No

MANDATORY: This registration cannot be processed without an emergency contact and phone number.

Emergency Contact: _____

Emergency Phone: _____

PAYMENT INFORMATION

Check (made payable to "NDTA") Check # _____

Visa MasterCard AMEX Discover

Card # _____

CVN Code _____ Exp Date _____

Name on card (please print) _____

Authorized signature _____

Neuro-Developmental Treatment Association, Inc.
1540 S. Coast Highway, Suite 204
Laguna Beach, CA 92651

INSTRUCTOR BIOS:

Monica Diamond, PT, MS, NCS, C/NDT, is an active NDTA Coordinator Instructor and International Bobath Instructors Training Association (IBITA) member with more than 25 years of experience teaching basic and advanced NDTA-approved courses for treatment of adults. She is an APTA Board Certified Neurological Clinical Specialist with more than 35 years of clinical experience treating adults with neurological diagnoses, and continues her clinical practice at Sacred Heart Rehabilitation Institute. She holds adjunct faculty appointments and teaches NDT at several universities. She has completed and published clinical research, and has presented nationally and internationally, including presentations at APTA, NDTA, and WCPT conferences.

J. Lyndelle Owens, MCD, CCC-SLP, has a vast amount of clinical experience in various rehabilitation centers, individual and group settings for infants, children and adults with neuromotor dysfunctions. Her professional career has included work at Children's Hospital in Boston; LSU Medical Center in New Orleans; Michael Reese Hospital in Chicag; private practice in Tulsa; adjunct faculty of University of Oklahoma, Tulsa Medical College; Presbyterian Healthcare Services in Albuquerque; and Texas Health Resources, Presbyterian Hospital of Dallas. She is an NDTA Basic and Advanced Course Speech Instructor for the 3-week Adult Hemiplegia certificate courses. Her extensive educational training and professional experience combined with her enthusiasm for her field has lead her to present numerous workshops nationally and internationally.

COURSE SCHEDULE

DAY ONE (7.0 hours)

8:00 NDT Update: Emphasis on Problem Solving
 9:00 . . . LECTURE/LAB: Biomechanics and Function – From Bottom to Top
 10:30 Patient Session #1
 1:00 LECTURE/LAB: Biomechanics and Function (cont.)
 3:15 . . . DISCUSSION/LAB: Patient Problem Solving & Treatment Planning

DAY TWO (7.0 hours)

8:00 Treatment Strategies: Where Do They Come From?
 10:30 Patient Session #2
 1:00 LAB: Treatment Strategies and Rationale
 3:15 . . . DISCUSSION/LAB: Patient Problem Solving & Treatment Planning

DAY THREE (7.0 hours)

8:00 Problem Solving
 10:00 Patient Session #3
 1:00 Presentations and Practice
 3:15 Case Studies / Take Home Messages / Summary

* One lunch break and two 15-minute breaks are provided each day.

▶ Please contact the NDTA National Office at 800-869-9295 if you are requiring classroom accommodations or modifications because of a documented disability. Full course attendance is required for successful completion of the course. The NDTA reserves the right to cancel the course within 21 days of the scheduled start date. NDTA, Inc. is not liable for attendee expenses incurred for travel and lodging in regard to attendance at NDTA Seminars.